

refuelled

KEEPING YOUR ENGINES FIRED UP

BREAKFAST

BITTERSWEETS FRUIT & HAZELNUT LOAF

Served with butter V

7

BIRCHER

Oats, raspberries, fresh apple, greek yoghurt, pepitas, almonds, and strawberry coulis

13.5

BREAKFAST BEANS

Ham Hock, crushed tomato, cannellini beans served with a poached egg on sour dough

15.5

HEALTHY OPTION

Poached eggs, fresh tomato, avocado salsa, wilted spinach, rye bread VG

15.5

CORN FRITTERS

Bacon, slow roasted tomato, avocado, bell pepper jam

17.5

BRUSCHETTA

Housemade sourdough, diced tomato, red onion, basil mix with bacon and avocado

14.5

CLASSIC BACON & EGGS

Housemade sourdough, served with eggs cooked your way, local smoked bacon

14.5

EGGS BENEDICT

Wilted baby spinach, sourdough, house-made hollandaise and your choice of Leg Ham, Bacon or Tasmanian Smoked Salmon

17.5



BUILD YOUR OWN BREAKFAST

FREE RANGE EGGS
(FRIED/ POACHED/ SCRAMBLED)
ON SOURDOUGH TOAST

9.5

WILTED BABY SPINACH,
AVOCADO SALSA,
SLOW ROASTED TOMATO
POTATO AND HERB HASH

4.2*

BEEF CHIPOLATAS,
LOCAL GROWN AND SMOKED BACON,
GARLIC MUSHROOMS, TWO EGGS

5.2*

GRILLED LOCAL HALOUMI,
TASMANIAN SMOKED SALMON

5.8*

SAUCES

TOMATO AND BELL PEPPER JAM,
ONION JAM, HOLLANDAISE

2*

*PRICE IS PER ITEM

V - VEGETARIAN OPTION AVAILABLE

G - GLUTEN FREE OPTION AVAILABLE

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LIGHT MEALS

CROQUE MONSIEUR 13.5

Local leg ham, Heidi Farm gruyere, seeded mustard béchamel

SAN CHOY BOW 14.5

Chicken mince, shallots, gingers, garlic, and fried noodles

HOT SMOKED SALMON SALAD 14.5

Spinach, cherry tomatoes, shallots, chilli, coriander, and cashews

CLUB SANDWICH 16.5

Chicken with lemon and garlic, avocado, rocket and bacon

CRISPY SKIN ATLANTIC SALMON 22.5

with seasoned fries, chunky tartare, choice of cabinet salad

LAMB SALAD 18.5

Lamb, sundried tomatoes, cucumber, onion, olives, fetta, spinach, and minted yoghurt

DRINKS

COFFEE

FLAT WHITE/LATTE 4/4.5
 CAPPUCINO 4/4.5
 CHAI/ HOT CHOCOLATE 4/4.5
 LONG BLACK 3.8
 PICCOLO/LONG MAC 3
 SHORT BLACK/MAC 2
 EXTRA SHOT .5
 SINGLE ORIGIN BEAN .5
 DECAF .5
 SOY, LACTOSE FREE, ALMOND MILK .5

TEA

ENGLISH BREAKFAST, 4
 EARL GREY, BLACK, 4
 HONEYDEW GREEN, 4
 CHAI, GENMAICHA, 4
 PEPPERMINT 4

COLD DRINKS

SUMMER COFFEE 4.5
 ICED COFFEE 5
 ICED CHOCOLATE 5

MILK SHAKES & THICK SHAKES

Chocolate, Strawberry, or Vanilla
 5.5/6.5



BURGERS

ALL SERVED WITH A SIDE OF CHIPS

VEGIE BURGER

House made chickpea patty, roast capsicum, spinach, tomato, tzatziki

16.5

WAGYU BEEF

bacon, dill pickle, Kennilwortah Cheddar, house mustard

16.5

FRIES

with house seasoning and aioli

4/7

FRESHLY MADE JUICES

7

WATERFALL

Watermelon apple, mint

SPRING CLEAN

Carrot, apple, ginger

PINK PASSION

Passionfruit, orange, strawberry

PARADISO

Pineapple, orange, apple, mint