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**PLEASE  
ORDER &  
PAY AT THE  
COUNTER**  
—

# refuelled

# MENU

—  
**AVAILABLE  
6:30AM  
TO  
2:00PM**  
—

## BUILD YOUR OWN BREAKFAST

FREE RANGE EGGS  
FRIED, POACHED, SCRAMBLED  
**2.6/5.2 VG**

BABY SPINACH,  
AVOCADO SALSA,  
ROASTED TOMATO,  
POTATO & HERB HASH  
**4.2 EACH**

BEEF CHIPOLATAS,  
LOCAL GROWN BACON,  
GARLIC MUSHROOMS  
**5.2 EACH**

GRILLED LOCAL HALLOUMI ,  
TASMANIAN SMOKED SALMON  
**5.8 EACH**

SAUCES:  
TOMATO & BELLPEPPER JAM,  
ONION JAM, HOLLANDAISE  
**2 EACH**

## COFFEE

FLAT WHITE/LATTE	4.5
CUPPUCINO	4.5
CHAI/HOT CHOCOLATE	4.5
LONG BLACK	3.8
PICCOLO/LONG MAC	3
SHORT BLACK/MAC	2
SINGLE ORIGIN BEAN	.5

## BREAKFAST

**GUILT FREE BANANA SPLIT**  
Whipped coconut, GF granola, berries,  
cacao nibs V GF DF - 14.50

**PANCAKES**  
Served with passionfruit curd, vanilla anglaise,  
and fresh berries - 15.50

**HOT SMOKED SALMON**  
Sweet potato and leek hash, spinach, fried egg,  
paleo bread GF DF - 16.50

**HEALTHY OPTION**  
Poached eggs, fresh tomato, avocado salsa,  
wilted spinach, rye bread V - 15.50

**CORN FRITTERS**  
Bacon, slow roasted tomatoes, avocado,  
bell pepper jam - 17.50

**CLASSIC BACON & EGGS**  
Homemade sourdough, served with eggs cooked  
your way, local smoked bacon - 14.50

**EGGS BENEDICT**  
Wilted baby spinach, sourdough, hollandaise and your choice  
of leg ham, bacon or Tasmanian Smoked Salmon - 17.50

## TEA

ENGLISH BREAKFAST, EARL GREY, BLACK, HONEYDEW, GREEN, CHAI, GENMAICHA, OR PEPPERMINT TEA	2.3
EXTRA SHOT	.5
DECAF	.5
SOY OR ALMOND MILK	.5
LACTOSE FREE MILK	.5

## HOUSE BAKED BREADS

NEW YORK BAGEL	4
SOUR DOUGH, DELI STYLE RYE, HIGH TOP	2.3
OUR 7 SEED PALEO LOAF GF DF	2.3
OUR CLASSIC FRUIT & HAZELNUT LOAF	3.5

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## BURGERS

ALL SERVED WITH  
A SIDE OF CHIPS

MEDITERANEAN VEG -  
roast caps, eggplant,  
haloumi, rocket,  
tzatziki, pesto V

JERK CHICKEN -  
with coleslaw and  
lime aioli

WAGYU BEEF -  
bacon, dill pickle,  
kennilworth cheddar,  
house mustard

ALL BURGERS 17.5

## LIGHT MEALS

### DELI BAGEL

Sopressa salami, roast capsicum, rocket,  
cream cheese & jalapeno smear - 13.5

### GRILLED QLD SCALLOPS

Zucchini, fennel, pecorino, pecan,  
cauliflower puree GF - 19.5

### CROQUE MONSIEUR

Local leg ham, heidi farm gruyere,  
seeded mustard bechamel - 13.5

### PAN FRIED CALAMARI & CHORIZO

Served with hummus, capsicum,  
and tomato caponata - 17.5

### CRISPY SKIN ATLANTIC SALMON

With seasoned fries, chunky tartare,  
choice of cabinet salad - 22.5

## MILKSHAKES & THICKSHAKES

CHOCOLATE	5.5/6.5
STRAWBERRY	5.5/6.5
VANILLA	5.5/6.5

## COLD DRINKS

SUMMER COFFEE	4.5
ICED COFFEE	5
ICED CHOCOLATE	5

## FRESHLY MADE JUICES - 7

### WATERFALL

Watermelon, apple,  
mint

### SPRING CLEAN

Carrot, apple,  
ginger

### PINK PASSION

Passionfruit, orange,  
strawberry

### PARADISO

Pineapple, orange,  
apple, mint